

# RACEBOOK



# 2020



# RACEBOOK

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# RACEBOOK

## WELCOME TO RACE AROUND DENMARK

The following **Racebook** is written, so that all relevant information, other than the rules, is included. In the Racebook you will find all the stages for the race.

EXTREME riders must ride all the stages.

CHALLENGE riders must ride stages 1-8 and 19.

EXPERIENCE riders must ride the RAD 400 stage.

There is also a **Rulebook**. It is mandatory for all participants to have read this and be familiar with the rules of the race.

We will not hand out a **Routebook**. It is our experience, that participants to a very large extent don't use the written Routebooks. If participants wish route directions in writing, we recommend them to go to Ride with GPS and extract them from this site.

Also, we recommend participants to print the pages of this Racebook, which they find necessary.

Under the stages description we have added a few notes. Gravel sections are added, also so are a few sections that could be risky. It is by no means a fulfilling list of the places, that could be hazardous. We stress that all participants at all times ride their bike and drive their cars with great caution.

For all other information, we recommend our website: [www.racearounddenmark.org](http://www.racearounddenmark.org)

## RAD PROGRAM

## INSPECTION TIMES

ALL RIDERS: BRING INSPECTION PAPERS AND BIKE TO RACE START, WHEN YOU ARRIVE. PLEASE DO NOT ARRIVE EARLIER THAN 1 HOUR BEFORE YOUR START TIME (RAD SPECIAL EDITION RULES).



# RACEBOOK

## INSPECTION LIST

*Please bring this form SIGNED to the enrollment / inspection.*

Name(s) of Rider(s) \_\_\_\_\_

### BIKE INSPECTION (USE SEPARATE SHEET FOR MULTIPLE BIKES)

Bike #1 Brand \_\_\_\_\_ Bike #2 Brand \_\_\_\_\_

Race numbers: Yes No \_\_\_\_\_

On helmet(s) and seattube? Yes No

Head and taillight? Yes No

Reflectors or tape? Yes No

(All five directions). Please bring additional wheels to the inspection.

### SUPPORTED RIDERS ONLY:

Names of Crew

_____	7. _____
_____	8. _____
_____	9. _____
_____	10. _____
_____	11. _____
_____	12. _____

Vehicle Inspection - Highly recommended: take photos of the signage and lighting setup of the vehicle(s).

Vehicle (use separate sheet for multiple vehicles)

Model \_\_\_\_\_ License # \_\_\_\_\_

(Circle Yes or No for each choice below.)

Documents? Yes No

Working Lights? Yes No

(Headlights, Taillights, Turn Signals, Emergency Flashers)

Signs? Yes / No

**Slow Moving Vehicle Triangle**, Caution, Bikes Ahead, Race Around Denmark, Race numbers (all four directions)

Rooftop amber flashers? Yes / No

Reflective vests for crew and rider? Yes / No



# RACEBOOK

## AGREEMENT TO TERMS AND CONDITIONS

Bring this at the enrollment of the race, **printed and signed**.

***Each person involved in Race Around Denmark as rider, crew, or official must complete one form.***

In consideration of the acceptance of my participation as a rider, support crew member, film crew, media person, or official in Race Around Denmark, I hereby waive, release, and forever discharge any and all rights and claims for damages, for death, personal injury, or property damage which I may incur, or which may hereafter accrue to me as a result of my participation. This release is intended to discharge in advance the promoters, the sponsors, the officials, any involved municipalities or other public entities (and their respective agents and employees), the Board of Race Around Denmark, from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above.

I further understand that it is possible for serious accidents to occur during bicycle racing to anyone connected or not connected with the event, and that a rider, support crew member, or anyone could conceivably be injured by a cyclist, person, or criminal action, other vehicle, or acts of nature like rain, heat, cold, or any other injury-producing situation, and sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of ultra-marathon bicycle racing, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. I have read, understood, and agree to abide by the rules of event as published by the officials in Race Around Denmark. It is further understood and agreed that if I violate any of the rules of the event, I, or the rider I am supporting, can be disqualified. I understand that all motorized vehicles used in the event must have the minimum legal requirements of property damage and bodily injury liability automobile insurance. I also understand and agree that any record of my participation in this event, be it photographic, electronic, or otherwise, can be used to promote the Race Around Denmark and/or appear on merchandise to be sold. I agree to cooperate with any testing for banned substances. I further understand that in the process of cycling in this event on public highways in a competitive situation, it is possible that some traffic conditions can become very congested and dangerous for driving or cycling. I realize that I am ultimately responsible for my own safety and I will not hold the Race Around Denmark or any of the individuals or entities listed above responsible for anything that could happen to me or a member of my support crew.

Printed Name \_\_\_\_\_ Birthdate mm. \_\_\_\_\_ dd. \_\_\_\_\_ yy. \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
Postal Code \_\_\_\_\_  
Country \_\_\_\_\_  
Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Your role in Race Around Denmark (circle one): Rider / Crew / Media

Name of rider you are supporting \_\_\_\_\_ Team: \_\_\_\_\_

In case you'll be driving a car, you sign that you have a valid drivers license: Yes / No

I sign that I have all necessary insurances: Yes / No

Signature \_\_\_\_\_ Date \_\_\_\_\_



# RACEBOOK

## CUT OFF TIMES, SUPPORTED RIDERS

IN THE 2020 RAD SPECIAL EDITION THERE ARE NO CUT OFF TIMES. ALL RIDERS MUST FINISH NO LATER THAN SUNDAY EVENING. WE ARE FLEXIBLE.

## STAGES OVERVIEW - EXTREME & CHALLENGE

*The legs in EXTREME and CHALLENGE editions are the same. Please DO NOT use the full stages (800 og 1600) your GPS will crash.*

EXTREME: RAD STAGE 1-19

CHALLENGE: RAD STAGE 1-8 and 19.

EXPERIENCE: RAD 400

## STAGES

Stage 1: Horsens – <b>Grønbæk</b>	86 km	785 hm	Stage 11: Nyborg - <b>Korsør</b>	<b>CAR/TRAIN TRANSPORT</b>	
Stage 2: Grønbæk – <b>Hadsund</b>	79 km	545 hm	Stage 12: Korsør - <b>Vordingborg</b>	93 km	442 hm
Stage 3: Hadsund – <b>Aalborg</b>	71 km	218 hm	Stage 13: Vordingborg - <b>Køge</b>	106 km	389 hm
Stage 4: Aalborg – <b>Slettestrand</b>	61 km	232 hm	Stage 14: Køge - <b>Vig</b>	105 km	590 hm
Stage 5: Slettestrand – <b>Vestervig</b>	113 km	409 hm	Stage 15: Vig - <b>Korsør</b>	93 km	453 hm
Stage 6: Vestervig – <b>Sdr. Nisum</b>	94 km	331 hm	Stage 16: Korsør - <b>Nyborg</b>	<b>CAR/TRAIN TRANSPORT</b>	
Stage 7: Sønder Nisum – <b>Esbjerg</b>	111 km	263 hm	Stage 17: Nyborg - <b>Bogense</b>	91 km	296 hm
Stage 8: Esbjerg – <b>Kolding</b>	109 km	374 hm	Stage 18: Bogense - <b>Kolding</b>	56 km	393 hm
Stage 9: Kolding – <b>Haarby</b>	77 km	413 hm	Stage 19: Kolding – <b>Horsens</b>	127 km	1.013 hm
Stage 10: Haarby – <b>Nyborg</b>	93 km	559 hm			
			<u>Overall</u>	<u>1.565,0 km.</u>	<u>8.305 hm</u>



# RACEBOOK

## STAGES & FILES

### EXTREME & CHALLENGE

STAGE 1: HORSSENS – GRØNBÆK: 86 KM, 785 HM

<https://ridewithgps.com/routes/32537970>

**TIMESTATION 1:** Grønbæk Kirke

**NOTES:** Gravel section from 68-70 kilometers when turning on to Engholmsvej.

STAGE 2: GRØNBÆK – HADSUND: 79 KM, 545 HM

<https://ridewithgps.com/routes/32538066>

**TIMESTATION 2:** Hadsund Hallerne

**NOTES:**

STAGE 3: HADSUND – AALBORG: 71 KM, 218 HM.

<https://ridewithgps.com/routes/32538381>

**TIMESTATION 3:** Champions Pizza

**NOTES:** 700 meters into the stage: 2 kilometer gravel section turning right on Molhøjvej.

STAGE 4: AALBORG – SLETTESTRAND: 61 KM, 232 HM

<https://ridewithgps.com/routes/32540414>

**TIMESTATION 4:** Klitrosen Hotel

**NOTES:**

STAGE 5: SLETTESTRAND – VESTERVIG: 113 KM, 409 HM

<https://ridewithgps.com/routes/32540440>

**TIMESTATION 5:** Spar Dagligvarer

**NOTES:** Gravel section from 46,6 – 50,5 kilometers.

STAGE 6: VESTERVIG – SØNDER NISSUM: 94 KM, 331 HM

<https://ridewithgps.com/routes/32540452>

**TIMESTATION 6:** CYCLING STOP (SURPRISE)

**NOTES:**



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STAGE 7: SØNDER NISSUM – ESBJERG: 111 KM, 263 HM

<https://ridewithgps.com/routes/32540576>

**TIMESTATION 7:** “Men at Sea” Monument

**NOTES:**

STAGE 8: ESBJERG – KOLDING: 109 KM, 374 HM

<https://ridewithgps.com/routes/32540623>

**TIMESTATION 8:** OK Gas Station

**NOTES:** Gravel section from approximately 26 – 28 kilometers

STAGE 9: KOLDING – HAARBY: 77 KM, 413 HM

<https://ridewithgps.com/routes/32540715>

**TIMESTATION 9:** Shell Gas Station

**NOTES:**

STAGE 10: HAARBY – NYBORG: 93 KM, 559 HM.

<https://ridewithgps.com/routes/32540747>

**TIMESTATION 10:** Nyborg Station

**NOTES:**

**STAGE 11: NYBORG – KORSØR: 23,7 KM, TRANSPORTATION**

## **UNSUPPORTED RIDERS**

TRAIN RIDE, NYBORG STATION – KORSØR STATION

**IMPORTANT!! - CALL DSB TO BOOK SEAT AND BIKE - 70 13 14 15**

## **SUPPORTED RIDERS**

The rider is picked up and transported to Korsør

Address in Nyborg: Nyborg Station, Banegårdsalleen 100, 5800 Nyborg

Address in Korsør: Storebæltsvej 2, 4220 Korsør

Distance: 23,7 kilometers. Travel time: 21 minutes.





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**FOR ALL CATEGORIES: THE TIME DOES NOT STOP DURING TRANSPORTATION!**

STAGE 12: KORSØR – VORDINGBORG: 93 KM, 442 HM.

<https://ridewithgps.com/routes/32544126>

**TIMESTATION 12:** Shell Gas Station

**NOTES:**

STAGE 13: VORDINGBORG – KØGE: 106 KM, 389 HM

<https://ridewithgps.com/routes/32544205>

**TIMESTATION 13:** Hotel Comwell

**NOTES:**

STAGE 14: KØGE – VIG: 105 KM, 590 HM

<https://ridewithgps.com/routes/32544349>

**TIMESTATION 14:** Super Brugsen

**NOTES:**

STAGE 15: VIG – KORSØR: 93 KM, 453 HM

<https://ridewithgps.com/routes/32544697>

**TIMESTATION 15:** Korsør Station

**NOTES:**

**STAGE 16: KORSØR – NYBORG: 23,7 KM, TRANSPORTATION**

## **UNSUPPORTED RIDERS**

TRAIN RIDE, KORSØR STATION – NYBORG STATION

**IMPORTANT!! - CALL DSB TO BOOK SEAT AND BIKE - 70 13 14 15**

## **SUPPORTED RIDERS**

The rider is picked up and transported to Nyborg

Address in Korsør: Storebæltsvej 2, 4220 Korsør

Address in Nyborg: Nyborg Station, Banegårdsalleen 100, 5800 Nyborg

Distance: 23,7 kilometers. Travel time: 21 minutes.



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STAGE 17: NYBORG – BOGENSE: 91 KM, 296 HM.

<https://ridewithgps.com/routes/32544830>

**TIMESTATION 17:** Netto

**NOTES:**

STAGE 18: BOGENSE – KOLDING: 56 KM, 393 HM

<https://ridewithgps.com/routes/32545125>

**TIMESTATION 18:** OK Gas Station

**NOTES:**

STAGE 19: KOLDING – HORSSENS: 127 KM, 1.013 HM.

<https://ridewithgps.com/routes/32545178>

**TIMESTATION 19: FINISH**

**NOTES:** At approximately 57 kilometers, Hopballevej: **DANGEROUS DESCENT**: VERY ROUGH COBBLESTONES AT THE BOTTOM OF THE HILL

## FULL ROUTES:

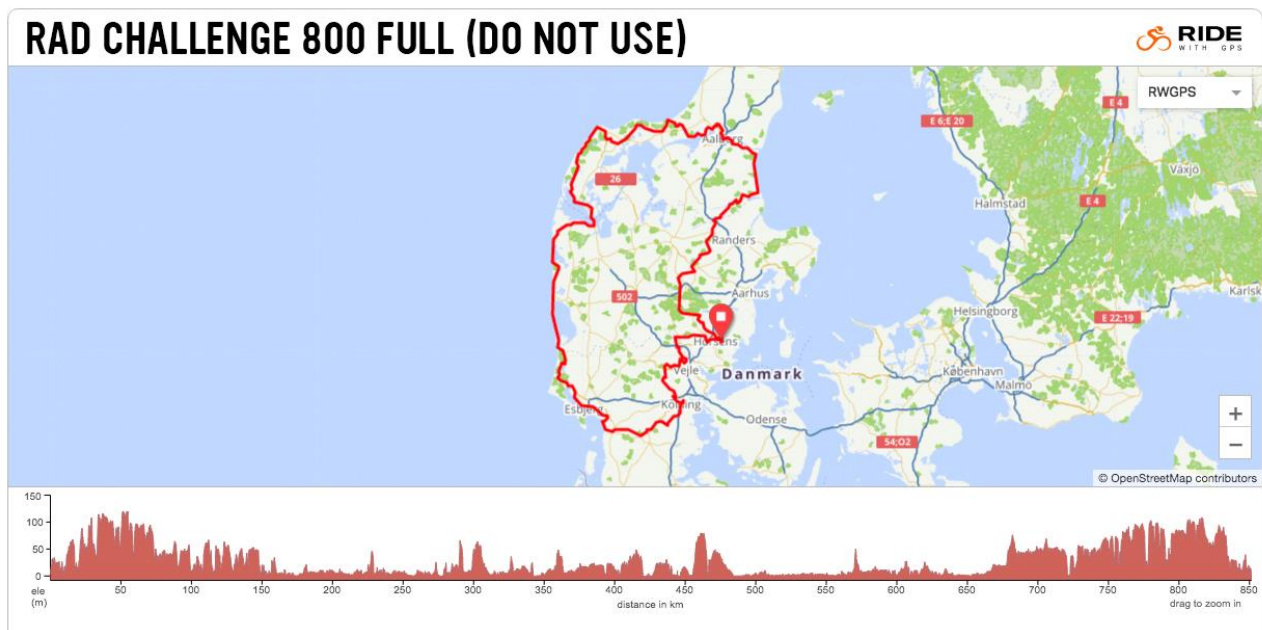
EXTREME 1600 (DO NOT USE – GPS MIGHT CHRASH)

<https://ridewithgps.com/routes/32618716>



CHALLENGE 800 (DO NOT USE – GPS MIGHT CHRASH)

<https://ridewithgps.com/routes/32618492>





# RACEBOOK

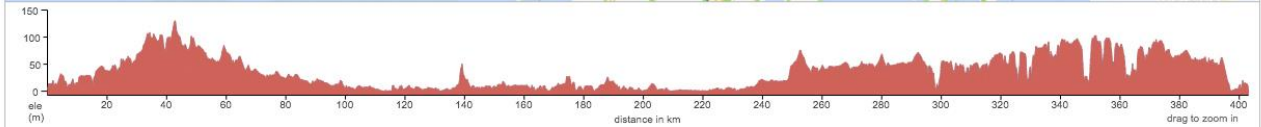
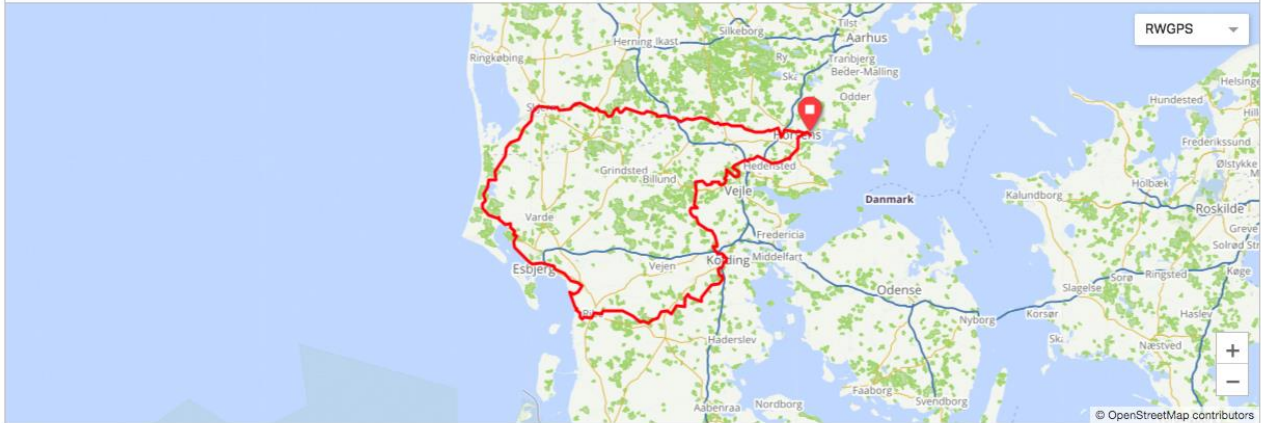
EXPERIENCE 400

<https://ridewithgps.com/routes/32499292>

## RAD CHALLENGE 400 FULL (DO NOT USE)

 **RIDE**  
WITH GPS

RWGPS





# RACEBOOK

## STARTLIST & STARTTIMES:

TUESDAY May 19th

### Extreme Solo Unsupported 1600KM

08:15	Søren Koch
08:30	Radoslav Darula
08:45	Ejvind Kjer
09:00	Jesper Jauert Duus
09:15	Steen Linder-Madsen
09:30	Claus Robl
09:45	Carsten L. Villadsen
10:00	Elin Starup
10:15	Jan Christensen
10:30	Lars Mansa Kristensen
10:45	Michael Christensen
11:00	Morten Kjærsgaard
11:15	Morten Stjernholt Nielsen
11:30	Paul Albæk
11:45	Christian Orry
12:00	Martin Rosén-Lidholm
12:15	Henrik Holmer

### Extreme 4 Man team Unsupported 1600KM

12:45	Peter B Jensen
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WEDNESDAY May 20th

### Extreme Solo Supported 1600KM

08:30	Peter Skovbak
09:30	Søren Skydog Rosenkilde
10:30	Søren Borup Andersen

### **\*\*Experience Solo Unsupported 400KM**

11:30	Flemming Duus
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### Extreme 2 Person Supported 1600KM

12:00	Morten Viborg / Claus Elfrom Hansen
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### **\*\*Experience Solo Unsupported 400KM**

19:00	Kenneth Juel Zornow
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# RACEBOOK

THURSDAY May 21<sup>st</sup>

## **Challenge Solo Unsupported 800KM**

**08:00** Mikael Mikkelsen

**08:30** Rasmus Appelt Winther

## **Challenge Solo Supported 800KM**

**09:00** Peter Jensen

**09:30** Morten Møllegaard

**10:00** Carsten Weber

**10:30** Thomas Stenby Strøbæk

**11:00** Karsten Falk Lantau

FRIDAY May 22<sup>nd</sup>

## **Experience Solo Unsupported 400KM**

**08:30** Søren Billesbølle

**09:00** Søren Kruse Pedersen

**10:30** Uffe Hendriksen