

RACE BOOK

2024



***RACE
AROUND
DENMARK***

DENMARK'S TOUGHEST CYCLING CHALLENGE

WELCOME TO RACE AROUND DENMARK

First of all, thank you to Everyone who joined the 2024 edition of **Race Around Denmark**. Really looking forward to this years event, as you may / may not have seen on our Facebook page - this year supported & unsupported can you RAD to qualify for **RAAM**. Im quite excited to see how this pans out! RACE ON!

The following **Race Book** contains relevant race information for 2024. The RAD rules, are included in the **Rule Book** which can be found on our website. It is mandatory for all participants to read the rules of the race.

We do not hand out a copy of the **Route Book**, you must print a copy if you need it. If participants wish route directions in writing, we recommend them to go to **STRAVA** and extract them from this site.

Supported riders will NOT be penalized for staying with their follow-car instead of using the bike path, in the sections mentioned in the stage notes, but we HIGHLY recommend all riders to use **bike paths** whenever they are available.

For all other information, we recommend our website: www.racearounddenmark.org

! IMPORTANT !

During the race please stay updated via our **Facebook page and group**

Facebook page: <https://www.facebook.com/racearounddenmark>

Facebook group: <https://www.facebook.com/groups/665237267268727>

Please print and fill out page 7 + 8 (Inspection list + Terms and Conditions).



RACE BOOK

RAD PROGRAM

Tuesday, May 7th.

- 14.00 Race area opens
- 14.00 Bike inspection open
- 15.30 RACE BRIEFING
- 16.00 Start Race Around Denmark 1600 (Unsupported)**

Wednesday, May 8th.

- 14.00 Race Area opens
- 14.00 Bike and car Inspection open
- 15.30 RACE BRIEFING
- 16.00 Start Race Around Denmark 1600 (Supported)**

Thursday, May 9th.

- 14.00 Race Area opens
- 14.00 Bike and car Inspection open
- 15.30 RACE BRIEFING
- 16.00 Start Race Around Jutland 800 (Supported & Unsupported)**

Friday, May 10th.

- 12.00 Race Area opens (unless riders return earlier).
- 14.00 Bike inspection
- 15.30 RACE BRIEFING
- 16.00 Start Race Coast2Coast 400 (Supported & Unsupported)**

Saturday, May 11th.

- 00.00 Race Area Opens
- 10.00 Bike inspection
- 11.30 RACE BRIEFING
- 12.00 Start Race Around Mols 200 EXPERIENCE (Supported & Unsupported)**

Sunday, May 12th.

- 00.00 Race Area open
- 24.00 Race Area CLOSES

Please find cut-off times at the website, www.racearounddenmark.org.
For live tracking please visit: <http://racearounddenmark.org/rad-live>



RACE BOOK

START LIST

Tuesday, May 7th

(UNSUPPORTED Race Around Denmark 1600)

BIB NR	STARTTIME	NAME
122	16:00	Radoslav Darula
121	16:02	Ejvind Kjer
120	16:04	Peter Frost
119	16:06	Dominik Ramin
118	16:08	Frank Janssen
117	16:10	Martin Carlsson
116	16:12	Christoph Hauger
115	16:14	Elliott Howarth-Johnson
114	16:16	Thorsten Heilen
113	16:18	Gert-Åke Rosqvist
112	16:20	Marcus Gejard
111	16:22	Jan Moesgaard
110	16:24	Alice Grindheim
109	16:26	Christoph Hartmann
108	16:28	Jonas BC
107	16:30	Kjeld Hansen
106	16:32	Ricard Sörman
105	16:34	Geir Møllegaard
104	16:36	Fredrik Millertson
103	16:38	Esben Marcussen
102	16:40	Marek Poláček
101	16:42	Elers Christian Boesen

TEAM Skotter

124-1	16:44	Richard Sanderson
124-2		Piper Fowler-Wright



RACE BOOK

Wednesday, May 8th

(SUPPORTED Race Around Denmark 1600)

BIB NR	STARTTIME	NAME
30	16:00	Marek Rupiński

TEAM Cycling Power

31-1	16:04	Mikkel Justesen
31-2		Pernille Kinnunen

Thursday, May 9th

(UNSUPPORTED & SUPPORTED Race Around Jutland 800)

BIB NR	STARTTIME	NAME
205	16:00	Carsten Lerche Villadsen
204	16:02	Peter Skovbak
203	16:04	Andreas Hedensted
202	16:06	Jonas Lohmann Mikkelsen
201	16:08	Jens Berthol Hansen
33	16:10	Patrick De Cridts
32	16:14	Jakob Olsen (DNS)

TEAM SV Enge-Sande I

35-1	16:18	Sören Sönksen
35-2		Thomas Schneidereit
35-3		Björn Petersen
35-4		Johannes Peter Jepsen

TEAM SV Enge-Sande II

34-1	16:22	Benjamin Haas
34-2		Hannes Anke-Schmidt
34-3		Thorge Thomsen
34-4		Finn Ketelsen



RACE BOOK

Friday, May 10th

(UNSUPPORTED & SUPPORTED Race Coast2Coast 400)

BIB NR	STARTTIME	NAME
306	16:00	Matias Uhrenholt
305	16:02	Kasper Bergholt
304	16:04	Max Lieberknecht
303	16:06	Magnus Hesselvig
302	16:08	Alexander Bestmann
301	16:10	Palle Brorsen

TEAM BoSø

311-1	16:12	Bo Leerberg
311-2		Søren Nørup Sillesen

TEAM GT

310-1	16:14	Janni Fuglsang
310-2		Christina Vestergaard

37	16:18	Nádia Evangelista Celini
36	16:22	Kasper Seidler

Saturday, May 20th

(UNSUPPORTED & SUPPORTED Race Around Mols 200)

BIB NR	STARTTIME	NAME
403	12:00	Søren Reiths
402	12:02	Henrik Brok
401	12:04	Steen Gottlieb

TEAM DBI.cc

412-1	12:06	Morten Frost
412-2		Patrick Eilert

TEAM BK

412-1	12:08	Ádám Kovalovszki
412-2		Enrico Baldasso

TEAM Skælle

412-1	12:10	Christoffer Petersen
412-2		Lars Meier Jensen



RACE BOOK

INSPECTION LIST

Please bring this form SIGNED to the enrollment / inspection or send it by e-mail.

Name(s) of Rider(s) _____

BIKE INSPECTION (USE SEPARATE SHEET FOR MULTIPLE BIKES)

Bike #1 Brand _____ Bike #2 Brand _____

Race numbers: Yes No _____

On helmet(s) and seat tube? Yes No

Head and taillight? Yes No

Reflectors or tape? Yes No

(Reflectors in all five directions). Please bring additional wheels to the inspection.

SUPPORTED RIDERS ONLY:

Names of Crew

1. _____	7. _____
2. _____	8. _____
3. _____	9. _____
4. _____	10. _____
5. _____	11. _____
6. _____	12. _____

Vehicle Inspection - Highly recommended: take photos of the signage and lighting setup of the vehicle(s).

Vehicle (use separate sheet for multiple vehicles)

Model _____ License # _____

(Circle Yes or No for each choice below.)

Documents? Yes No

Working Lights? Yes No

(Headlights, Taillights, Turn Signals, Emergency Flashers)

Signs? Yes / No

Slow Moving Vehicle Triangle, Caution, Bikes Ahead, Race Around Denmark, Race numbers (all four directions)

Rooftop amber flashers? Yes / No

Reflective vests for crew and rider? Yes / No



RACE BOOK

AGREEMENT TO TERMS AND CONDITIONS

Bring or e-mail this form, **printed and signed** before the race starts to info@racearounddenmark.org

Each person involved in Race Around Denmark as rider, crew, or official must complete one form.

In consideration of the acceptance of my participation as a rider, support crew member, film crew, media person, or official in Race Around Denmark, I hereby waive, release, and forever discharge any and all rights and claims for damages, for death, personal injury, or property damage which I may incur, or which may hereafter accrue to me as a result of my participation. This release is intended to discharge in advance the promoters, the sponsors, the officials, any involved municipalities or other public entities (and their respective agents and employees), the Board of Race Around Denmark, from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above.

I further understand that it is possible for serious accidents to occur during bicycle racing to anyone connected or not connected with the event, and that a rider, support crew member, or anyone could conceivably be injured by a cyclist, person, or criminal action, other vehicle, or acts of nature like rain, heat, cold, or any other injury-producing situation, and sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of ultra-marathon bicycle racing, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. I have read, understood, and agree to abide by the rules of event as published by the officials in Race Around Denmark. It is further understood and agreed that if I violate any of the rules of the event, I, or the rider I am supporting, can be disqualified. I understand that all motorized vehicles used in the event must have the minimum legal requirements of property damage and bodily injury liability automobile insurance. I also understand and agree that any record of my participation in this event, be it photographic, electronic, or otherwise, can be used to promote the Race Around Denmark and/or appear on merchandise to be sold. I agree to cooperate with any testing for banned substances.

I further understand that in the process of cycling in this event on public highways in a competitive situation, it is possible that some traffic conditions can become very congested and dangerous for driving or cycling. I realize that I am ultimately responsible for my own safety and I will not hold the Race Around Denmark or any of the individuals or entities listed above responsible for anything that could happen to me or a member of my support crew.

Printed Name _____ Birthdate mm. _____ dd. _____ yy. _____
 Address _____
 City _____
 Postal Code _____
 Country _____
 Phone _____ E-mail _____

Your role in Race Around Denmark (circle one): Rider / Crew / Media

Name of rider you are supporting _____ Team: _____

In case you'll be driving a car, you sign that you have a valid drivers license: Yes / No

I sign that I have all necessary insurances: Yes / No

Signature _____ Date _____



RACE BOOK

STAGES & FILES

(Please note, Stage names are optimized for ease of use in GPS units).

STAGE 1 RAD 2024: Kaløvig – Bjergby. (144km - 1.120hm)

STRAVA: <https://www.strava.com/routes/3221203537273946944>

NOTE:

At KM 136 - 137 in Randers, supported riders are advised to take the bike path as shown.



STAGE 2 RAD: Bjergby – Vester Thorup (138km - 1.010hm)

STRAVA: <https://www.strava.com/routes/3221203653964138600>

STAGE 3 RAD: Vester Thorup - Lemvig (141km - 560hm)

STRAVA: <https://www.strava.com/routes/3221203094888424552>

NOTE:

At Oddesund bridge, there is some construction, there MIGHT be a sign which shows a cyclist with a line over (no cyclists) this is for the Bike Path - riders are allowed to pass.

STAGE 4 RAD: Lemvig - Varde (136km - 241hm)

STRAVA: <https://www.strava.com/routes/3221203804862632956>

STAGE 5 RAD: Varde – Herslev (89km - 453hm)

STRAVA: <https://www.strava.com/routes/3221202988369779816>

NOTES:

Race Around Jutland 800 riders continue to stage 11

Race Around Denmark 1600 riders continue to stage 06



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STAGE 6 RAD: Herslev - Nyborg (154km - 1040hm)

STRAVA: <https://www.strava.com/routes/3221210209323963200>

1st. GREAT BELT (Storebælt) BRIDGE CROSSING

SUPPORTED RIDERS: CAR RIDE, NYBORG STATION – KORSØR STATION

UNSUPPORTED RIDERS: TRAIN RIDE, NYBORG STATION – KORSØR STATION

SUPPORTED RIDERS

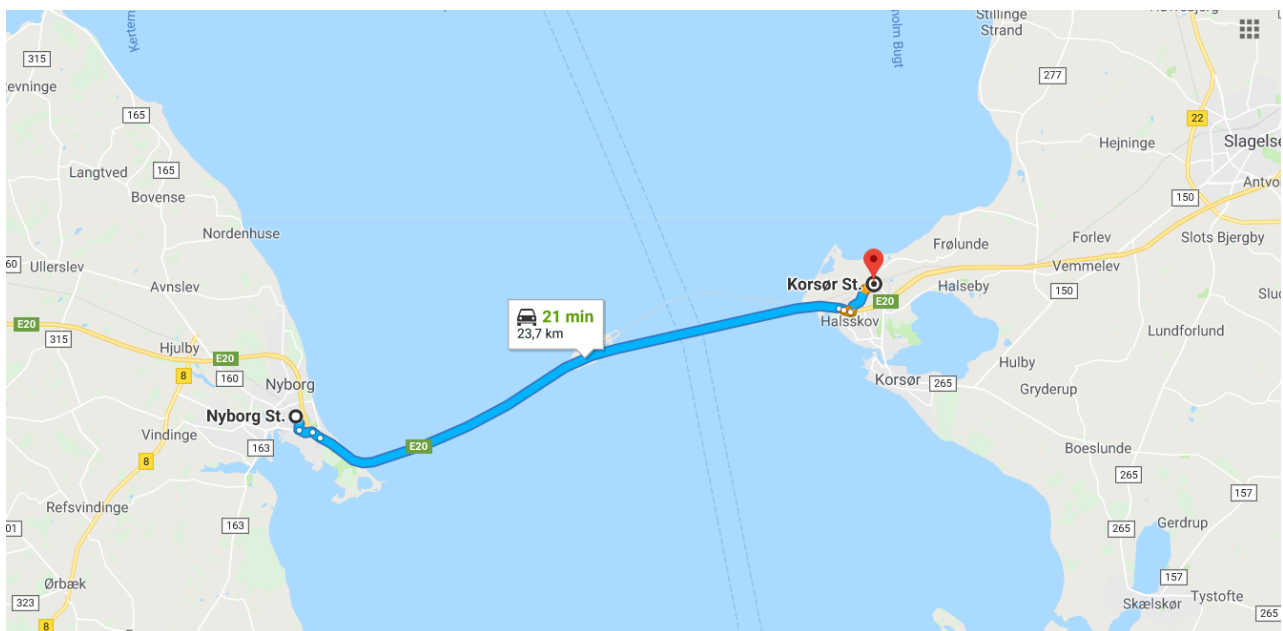
The rider is picked up at Nyborg Station and transported to Korsør Station

Nyborg Station: Banegårdsalleen 100, 5800 Nyborg

Korsør Station: Storebæltsvej 2, 4220 Korsør

Distance: 23,7 kilometers. Travel time: 21 minutes.

Time is not stopped while being transported across.



UNSUPPORTED RIDERS

Unsupported riders must take the train from **Nyborg Station** to **Korsør station**.

Time is not stopped while you wait for the train. It is advised to look at the time-table in advance. You have to book the ticket for yourself + for your bike.



RACE BOOK

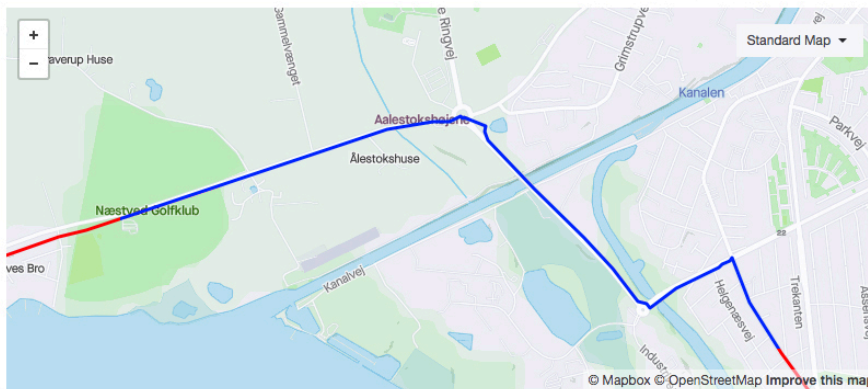
STAGE 7 RAD: Korsør – Præstø (133km - 758hm)

STRAVA: <https://www.strava.com/routes/3221195414634993472>

NOTE:

1 / 2: Please note route is a bit longer than stated on top tube sticker.

2 / 1: At KM 50 – 53 in Næstved, supported riders are advised to take the bike path as shown.



STAGE 8 RAD: Præstø – Frederikssund (156km - 804hm)

STRAVA: <https://www.strava.com/routes/3221194573832554600>

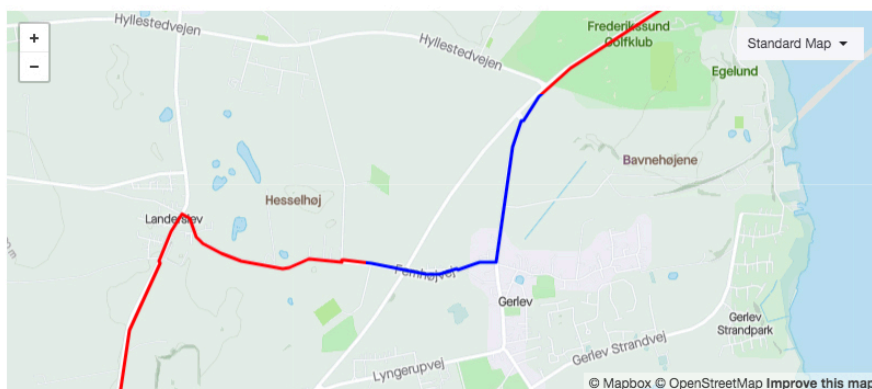
RACE BOOK

STAGE 9 RAD: Frederikssund - Korsør (210km - 1205hm)

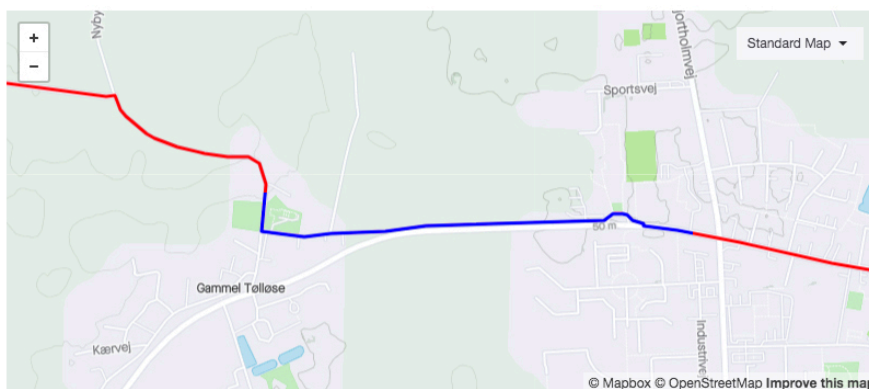
STRAVA: <https://www.strava.com/routes/3221201906296375400>

NOTES:

1 / 2: At KM 4 – 5,5 after Frederikssund, supported riders are advised to take the bike path as shown.



2 / 2 : At KM 67,5 – 68,5 in Tølløse, supported riders are advised to take the bike path as shown.



2nd GREAT BELT (Storebælt) BRIDGE CROSSING

SUPPORTED RIDERS: CAR RIDE, KORSØR STATION – NYBORG STATION

UNSUPPORTED RIDERS: TRAIN RIDE, KORSØR STATION – NYBORG STATION

SUPPORTED RIDERS

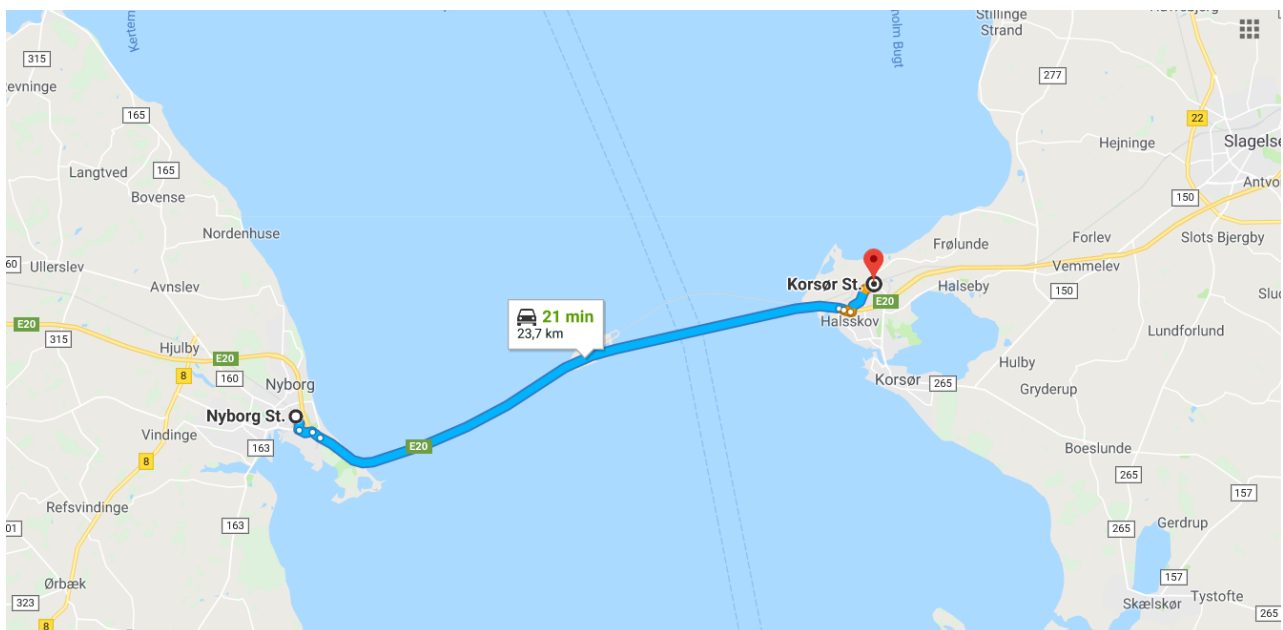
The rider is picked up at Korsør Station and transported to Nyborg Station

Korsør Station: Storebæltssvej 2, 4220 Korsør

Nyborg Station: Banegårdsalleen 100, 5800 Nyborg

Distance: 23,7 kilometers. Travel time: 21 minutes.

Time is not stopped while being transported across.



UNSUPPORTED RIDERS

Unsupported riders must take the train from **Korsør Station** to **Nyborg station**.

Time is not stopped while you wait for the train. It is advised to look at the time-table in advance. You have to book the ticket for yourself + bike.

STAGE 10 RAD: Nyborg - Herslev (148km - 724hm)

STRAVA: <https://www.strava.com/routes/3221204105212110844>

STAGE 11 RAD: Herslev - Kaløvig (160km - 1387hm)

STRAVA: <https://www.strava.com/routes/3221203899732352104>

NOTES:

1 / 1: At KM 29 - there are some pretty harsh cobbles - **PLEASE** do not go full gas here!!



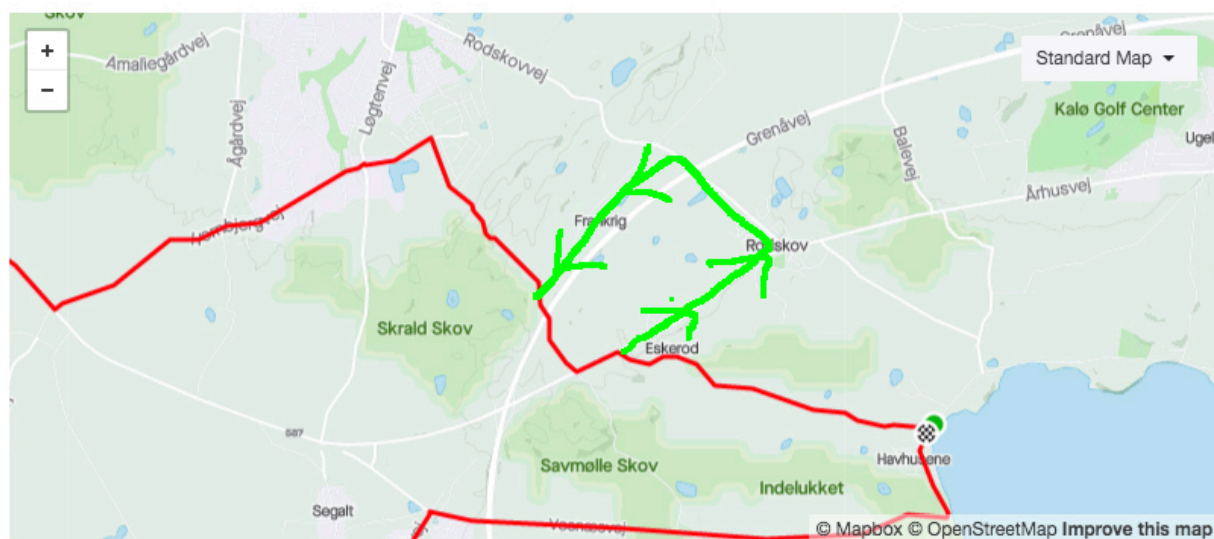
RACE BOOK

RAD Coast2Coast 400: Kaløvig - Kaløvig (400km - 2492hm)

STRAVA <https://www.strava.com/routes/3221482698024773524>

Notes:

1 / 1: At KM 2 – 3 supported riders **MUST** ride the bike path, support cars go around.



RAD Race Around Mols 200: Kaløvig - Kaløvig (200km - 1466hm)

STRAVA <https://www.strava.com/routes/3221482892475805588>